

New Summer Programs for Children with Special Needs at Windrush Farm

Do you know a child who would love to learn more about horses and their care?

Windrush Farm is offering 4 chances for children to explore the world of horses in a safe and fun environment. This is an **un-mounted** program that lets kids experience the life of the horse.

Enjoying life on our working farm, children will be able to learn about and practice grooming, horse handling, tacking, and care. Each 3 hour morning will include equine activities designed to help the participants learn more about their horse friends through hands-on educational fun. These projects (which will be modified for age, abilities, and experience) may include:

- *Learning about horse parts as you give your horse a bath.*
- *What do horses like to eat? – Explore the grain room and hay loft to find out and then make horse treats out of grain, fruits, vegetables, and hay.*
- *Learn about horse breeds, colors, and markings then have a Scavenger Hunt to find and identify horses by the information they learned.*
- *Equine first aid – explore an equine first aid kit, learn how to tell if your horse is sick and how to “bandage” his leg.*
- *Learn about horse shoes – then make horse shoe picture frames for your horse’s picture.*
- *Pony Costume Parade – Riders will paint and decorate their horses for the parade.*
- *Learn about how horses communicate with their bodies, then find out how fun and easy it is to talk to horses with your body.*

Each weekly session will be designed to meet the needs of children with different challenges, but because of the 1-1 ratio, each child will progress at their own pace.

Each session will be on Tuesday and Wednesday mornings from 9:00 – 12:00.

Session 1: June 29th & 30th

Session 3: July 13th & 14th

Session 2: July 6th & 7th

Session 4: July 20th & 21st

The cost of each two day session is \$100. There will be one on one supervision and assistance for all children except those who are independent because of their age, abilities and experience. The programs are taught by NARHA Certified Therapeutic and Massachusetts Licensed Riding Instructors.

For more info contact: Susan Lutz (978) 682-7855 or susan@windrushfarm.org

About Windrush Farm

Windrush Farm Therapeutic Equitation (WFTE, Inc.) is a non-profit, working horse farm that has been successfully helping children and adults with physical, emotional, and learning disabilities since 1964.

Windrush Farm is located on 35 acres of woods and fields in North Andover and Boxford, Massachusetts and is surrounded by 160 acres of conservation land.

Windrush offers equine assisted activities founded on the principle that all of us, disabled or not, are capable of more than we think.