



Summer Riding Programs for Children with Special Needs at Windrush Farm

Every child will have their own horse/pony for daily riding, grooming, tacking, horse handling and care. Each 3 hour day will include a new equine activity designed to help the participants learn more about their horse friends through hands-on educational fun. These projects (which will be modified for age, abilities, and experience) may include:

- *Learn about horse parts as you give your horse a bath.*
- *What do horses like to eat? - Make horse treats out of grain, fruits and vegetables.*
- *Learn about horse breeds, colors, and markings then have a Scavenger Hunt to have fun with what you learned.*
- *Equine first aid – explore an equine first aid kit, learn how to tell if your horse is sick and how to “bandage” his leg.*
- *Learn about horse shoes – then make horse shoe picture frames for your horse’s picture.*
- *Pony Costume Parade – Riders will paint and decorate their horses for the parade.*

Each weekly session is designed to meet the needs of participants with different challenges, but because of the 1-1 ratio, each child will progress at their own pace. So, whether your son/daughter:

has physical challenges and needs them addressed so that he/she can enjoy riding and working with horses.

has cognitive challenges and benefits from extra time to process information and perform tasks.

needs lots of structure and physical activities with very limited “down time” to keep focused, involved, and engaged

WINDRUSH FARM is the place for them!

Week 1

July 5th – 9th (Monday – Friday)
1:00 – 4:00 P.M.

Week 2

August 16th – 20th (Monday – Friday)
9:00 – 12:00 A.M. Session

The cost of each weekly session is \$300. There will be one on one supervision and assistance for all children except those who are independent because of their age, abilities and experience. The programs are taught by NARHA Certified Therapeutic and Massachusetts Licensed Riding Instructors.

For more info contact: Susan Lutz (978) 682-7855 or susan@windrushfarm.org