



Winter 2020-2021 Volunteer Protocols Effective November 30, 2020

Welcome Windrush Volunteers!

In an effort to protect our programming sites from the effects of the COVID-19 pandemic, Windrush Farm has implemented the following policies and procedures for the entire property. These new policies have been developed within the guidelines of the State of Massachusetts Department of Public Health (MDPH), the Federal Guidelines from the Center for Disease Control (CDC), and consultation with other local centers and our National Organization for the latest in our Industry Standards. Our plan was developed to ensure that the following mandatory safety standards for reopening are being adhered to.

- *Social Distancing
- *Hygiene Protocols
- *Staffing and Operations
- *Cleaning and Disinfecting

All policies and procedures outlined in our plan are subject to change at any time based on local and federal mandates that are issued or suggested during this pandemic.

Risk Prevention Policies

- Volunteers should park in front of the gazebo.
- Upon arrival, proceed directly to the indoor arena and enter through the side “people” door. This is the winter Welcome Area for hand sanitizing and signing in and out. Please do not walk around the farm, beyond what’s required for your duties that day.
- Volunteers must sanitize hands, then sign in and complete the COVID-19 screening form each day at the welcome table. If wearing gloves, please spray with alcohol.
- Volunteers must follow the same protocol of signing out and hand sanitizing at the end of each day.
- Volunteers must remain outside of all buildings except indoor arena and are restricted to the arena side of the road. Horse handlers (a.k.a. HH) will be granted permission to go across the street after the sign in process.
- When HH arrive at the barn to receive their horse, please stay in one of the new designated areas in the garage bays to wait. HH are not allowed in the barns.
- Everyone on the Windrush property over the age of 2 is required to wear a cloth face covering over both mouth and nose. A face shield may be worn in addition but does not replace a cloth face

covering. Lowering the face covering, after mounting, will be permitted for independent riders only. Any rider requiring assistance must keep their face covering in place.

- While in class, all volunteers will keep their face coverings on, as will their clients, and follow the directions of the instructors as normal.
- Everyone must commit to social distancing of 6 feet as much as possible while on the Windrush property to reduce the possibility of infection. Just like our horses, we ask everyone to respect each other's "bubble" of 6 feet. This means asking permission to walk through someone else's "bubble" before doing so.
- Everyone must adhere to safety guidelines and hand sanitizing instructions posted on the premises.
- Please refrain from handshaking or embracing others.
- Everyone must cover coughs or sneezes with their elbow or a tissue. All tissues must be disposed of immediately.
- Everyone should refrain from touching their eyes, nose, and mouth with their hands.
- All Windrush facilities and equipment are cleaned daily, if in use.
- Volunteers must use the arena porta-potty, which is cleaned daily. Indoor bathrooms are for staff only.

When to Stay Home

- Please, do NOT come to the farm if you are sick. We must be respectful of everyone on the farm and take care not to add any additional risk into people's lives. This extends to spouses, any household members, or other people close to you who may be sick. If you, anyone in your household or others close to you are displaying symptoms, please call the office to notify us of your cancellation and remain at home.
- If you start to feel sick while at Windrush, or if you are experiencing any symptoms of COVID-19 (fever, cough, difficulty breathing, chills, headache, muscle pain, sore throat, or new loss of taste or smell), let your instructor know, go home immediately, and contact your healthcare provider for additional guidance.
- If you test positive at any time for COVID-19, you must self-quarantine at home for 14 days after symptoms have subsided, per CDC recommendations.
- If anyone at your workplace or school, or anywhere you spend time on a regular basis tests positive for COVID-19, you must follow the protocols recommended to you by the governing body, be it the school, workplace, city, state, or CDC.
- Windrush requests that if you have had any exposure to someone that has tested positive, please stay at home for the 14-day quarantine period before returning to Windrush.
- Nearest local testing site: AFC Urgent Care
129 Turnpike St.

North Andover, MA
(978) 470-0800
Hours 8AM-8PM

Thank you for adhering to these new policies to ensure the health and safety of us all. We very much appreciate our volunteers, and we look forward to a fun, healthy winter season!

Links for Further Reading:

[CDC Coronavirus Info](#)

[Mass.gov Coronavirus Info](#)

[Stop the Spread of Germs Infographic](#)

[Face Coverings Infographic](#)

[Coronavirus Factsheet](#)

[How to Prevent Spreading Coronavirus if You Are Sick](#)

[Wellness Tips](#)