



Fall 2021 Volunteer Policies and Procedures

Welcome Windrush Volunteers!

Windrush continues in our efforts to provide programming to our clients amidst the continuation of the COVID-19 pandemic. As we have all along, we are following the safety standards recommended by local and federal authorities.

- *Social Distancing
- *Enhanced Hygiene Practices
- *Cleaning and Disinfecting

COVID 19 - Disease Management at Windrush Farm

Windrush Farm expects all volunteers to Windrush Farm be vaccinated, if eligible. The policy and goal of Windrush is to achieve a fully vaccinated facility. As we move toward that goal, please adhere to the following requirements. For volunteers who are vaccinated, Windrush asks that they send a photocopy of their vaccination card to staywell@windrushfarm.org, for our records. All policies and procedures outlined in our plan are subject to change at any time based on local and federal mandates that are issued or suggested during this pandemic.

Risk Prevention Policies

- Upon arrival, proceed directly to the table under the white tent and sign in. There will be hand sanitizer available at this table. Please do **not** walk around the farm, beyond what is required for your duties that day.
- Volunteers must remain outside of all buildings except the indoor arena and are restricted to the arena side of the road. Only horse handlers (a.k.a. HHs) and barn volunteers may go across the street, after they sign in.
- Side walkers and clients should wait outside of the arena, away from the large door, until the horses are all in the ring. In inclement weather they can wait inside to the left side of the door near the mounting ramp. We need to keep the entrance to the indoor arena clear to allow horses in and out of the ring. Ducking under the bar is **NO LONGER ALLOWED**.
- When HHs arrive at the barn to receive their horse, they will wait under the white tent. **HHs are allowed in the barns to get their horse for class ONLY if the Barn Manager or Instructor gives them permission.** Horse handlers will not wait by the barn doors.
- Everyone on the Windrush property over the age of 2 is required to wear a mask covering both mouth and nose. **Recommended mask types at Windrush Farm: KN95, N95 or surgical (also called procedure).**
- While in class, all volunteers will keep their face coverings on, as will their clients, and follow the directions of the instructors as normal.
- Everyone must commit to social distancing of 6 feet as much as possible while on the Windrush property to reduce the possibility of infection. Please refrain from handshaking or embracing others. Everyone must cover coughs or sneezes with their elbow or a tissue. All tissues must be disposed of immediately. Everyone should refrain from touching their eyes, nose, and mouth with their hands.
- Volunteers must use the arena porta-potty, which is cleaned daily. Indoor bathrooms are for staff only.
- Volunteers are encouraged to voice any concerns to their instructor if they feel it is necessary.

When to Stay Home

- Please, do NOT come to the farm if you are sick. We must be respectful of everyone on the farm and take care not to add any additional risk into people's lives. This extends to spouses, any household members, or other people close to you who may be sick. If you, anyone in your household or others close to you are displaying symptoms, please call the office to notify us of your cancellation and remain at home.
- If you start to feel sick while at Windrush, or if you are experiencing any symptoms of COVID-19 (fever, cough, difficulty breathing, chills, headache, muscle pain, sore throat, or new loss of taste or smell), let your instructor know, go home immediately, and contact your healthcare provider for additional guidance.
- If you test positive at any time for COVID-19, you must self-quarantine at home for 14 days after symptoms have subsided, per CDC recommendations.
- People who are fully vaccinated do NOT need to quarantine after contact with someone who had COVID-19 unless they have [symptoms](#). However, fully vaccinated people should get tested 3-5 days after their exposure, even if they don't have symptoms and wear a mask indoors in public for 14 days following exposure or until their test result is negative.
- If anyone at your workplace or school, or anywhere you spend time on a regular basis tests positive for COVID-19, you must follow the protocols recommended to you by the governing body, be it the school, workplace, city, state, or CDC.
- Nearest local testing site:
 - AFC Urgent Care
 - 129 Turnpike St.
 - North Andover, MA
 - (978) 470-0800
 - Hours 8AM-8PM

Thank you for adhering to these new protocols to ensure the health and safety of us all. We look forward to a fun, healthy Fall season!

Links for Further Reading:

[CDC Coronavirus Info](#)

[Mass.gov Coronavirus Info](#)

[Stop the Spread of Germs Infographic](#)

[Face Coverings Infographic](#)

[Coronavirus Factsheet](#)

[How to Prevent Spreading Coronavirus if You Are Sick](#)

[Wellness Tips](#)